

# Mad Dragon: An Anger Control Card Game

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This is a great game for talking about anger and having fun at the same time. My son, who is 5, gets angry very easily and usually does not want to talk about it. When playing this game, he was more than willing to talk about his anger and ways to help control it. He loves playing this game! There was actually improvement in his self control after the first day that we played it. I was pleasantly surprised. Much recommended!

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I'm a mental health therapist that works with kids, many of whom have anger control issues. All kids love playing Uno and this is essentially Uno with anger control tips to learn along the way. Although I felt that 20.00 was a little expensive for a card game, it's gotten more than its fair share of use. It's great to start conversation with kids who just want to play a game and aren't super interested in talking. I even had one of my clients ask his mom to buy the game so they could play at home. My one complaint is that the cards are very big! It's hard for a lot of my kids to actually hold the cards since they're like supersized playing cards.

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This game is really simple yet surprisingly effective in helping kids learn basic anger control strategies. I use it with 8- and 9-year-olds, and they do seem to retain and use the anger control techniques it teaches. It's an inexpensive way to help kids manage their impulses and get at least some control over their emotions. See all 61 customer reviews...

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Product Details Sales Rank: #2505 in Toys & Games Model: HQ-1 Dimensions: 1.90 h x 3.50 w x 4.90 l, .75 pounds Features Designed for children aged 6 to 12 This listing is for Mad Dragon: An Anger-Control Card Game Qty : 1 Each Learn that they have choices about how to express anger This fast-paced therapeutic card game helps children ages 6-12: Fun & therapeutic card game teaching anger control

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Product Description This fast-paced therapeutic card game helps children ages 6-12: Control their anger in the moment; Practice 12 effective anger management techniques; Understand what anger feels and looks like; Avoid anger-provoking

situations; Express and understand their feelings; Identify anger cues; Learn that they have choices about how to express anger. Mad Dragon plays like the popular game UNO. Players race to get rid of their cards while learning anger control skills. Fun and effective, this game includes 100 high-quality 3 x 4 1/2 cards, instructions, and tips for taming anger. For 2 to 8 players.

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### **[More Information \(Mad Dragon: An Anger Control Card Game\)](#)**

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